

**Register Individually or as a Group**

Early registration is encouraged

1st, 100 registrants get a free T-Shirt

**Bring all collected money to the Registration Table at Highland Park on October 4th** (or mail to Chances and Changes P.O. Box 326 Geneseo, NY 14454).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Domestic Violence Hotline:  
1-888-252-9360**

**AMY'S WALK HAPPENS  
RAIN OR SHINE**

**Registration begins at 8:00 a.m.**

**Runners start at 9:00 a.m.**

**Walkers start at 9:15 a.m.**

Chances and Changes, Inc. is the NYS (Office of Children and Family Services – OCFS) licensed Domestic Violence and Homeless residential shelter in Livingston County staffed 24/7. The agency is a victim services agency (Office of Victim Services – OVS) and also provides 24/7 “hotlines” and a comprehensive array of non-residential programs/services addressing domestic/family abuse and violence, dating abuse and violence, stalking, homelessness, and sexual abuse/assault.

**By participating in this event you will be assisting individuals affected by Dating Violence, Domestic Violence, Family Violence, Sexual Assault/Abuse, Stalking and Homelessness.**



**CHANCES & CHANGES  
and  
CURVES OF GENESEO**

**INVITE YOU TO  
PARTICIPATE IN:**

**AMY'S  
WALK**

*Saturday, October 4 - 2014  
Highland Park in Geneseo, NY  
Rain or Shine!*

**A CHARITY WALK  
IN MEMORY  
OF AMY SAYLE**

**COME JOIN CHANCES AND  
CHANGES AND  
CURVES OFGENESEO  
FOR  
AMY'S WALK**

**Amy Sayle, a native of Livingston County, was killed during a senseless act of violence by her boyfriend in January of 2006.**

**Amy was a Sales Representative with the business we know today as Athletica. Her co-workers supported the first Amy's Walk.**

**This walk qualifies as a 5K walk.**

**Registration fee is \$15 and includes a T-shirt for the first 100 participants.**

**You can register by mail at P. O. Box 326 Geneseo, NY 14454, online at [www.chancesandchanges.org](http://www.chancesandchanges.org) or in person the day of the walk.**

**You may win a prize for generating the most money for Amy's Walk—we will be awarding some nice 1st, 2nd, and 3rd place prizes! Prizes also awarded to runners finishing 1st, 2nd and 3rd.**



Proceeds benefit:



**CHANCES & CHANGES, INC.**

*Encouraging victims and families to  
Take a Chance, Make a Change -  
Live with the dignity and respect you  
deserve.  
We can Help!*

Here are some ways to raise funds in support of Amy's Walk. You may have other ideas as well.

- Ask for a lump sum donation—any amount that the donor feels they can give is appropriate.
- Set a monetary amount – for example, \$3 for each mile of the walk—and this gets you a \$15 donation for the 5K walk!
- Ask a local business to pay your registration fee and tell them you will collect cans and bottles and donate all the proceeds to Amy's Walk.

Remember, all money must be turned in at the start of the walk. We recommend you set a donation deadline-October 1st would be a good date to choose.



Domestic violence is about a pattern of behavior that is ongoing and is meant to control, dominate, and manipulate chosen victim (s). In homes where domestic violence occurs, there is often child abuse. If there are animals, pet abuse as well. Abuse impacts all of us, directly and indirectly, as there is nothing in our society that is not affected by this pervasive public health and safety issue. Many times, domestic violence leads to homelessness for individuals and families as well.

At a minimum, one in four people are caught up in a relationship that is abusive and dysfunctional (at least once in their lifetime.) Abuse takes many forms; including physical, emotional, psychological, sexual, financial, and/or judicial abuse. Abuse can be hard to understand from the "outside," but to the victims caught up in these difficult situations, it is a "logical" response to the often long-standing patterns of abuse they are familiar with, often starting in childhood. Many victims have grown up in abusive homes and have learned that this is the "norm." They have seen, heard, and often experienced abuse, neglect, and/or maltreatment and continue to find themselves in this type of dynamic as teenagers, and later as adults.

Trying to "fix" a difficult, dysfunctional domestic or dating relationship without advocacy and guidance is dangerous for the victim, their children and even their pets. Don't do it alone. A plan of action can be made in advance with the right support.