Register Individually or as a Group at *chancesandchanges.org*

Bring all collected money to the Registration Table at Highland Park on October 14th

(*or mail to Chances & Changes, P.O. Box 326 Geneseo, NY 14454).*

Name:_____

Address:_____

_____

Phone:_____

Name:_____

Address:_____

_____

Phone:_____

Name:_____

Address:_____

_____

Phone:_____

Name:_____

Address:_____

_____

Phone:_____

Domestic Violence Hotline:
1-888-252-9360

AMY'S WALK TAKES PLACE

RAIN OR SHINE!

Registration begins at 8:00 a.m.
Runners start at 9:00 a.m.
Walkers start at 9:15a.m.

Chances & Changes, Inc. is a NYS (Office of Children and Family Services) licensed Domestic Violence and Homeless shelter providing Residential and Non-Residential support services in Livingston County. It is a victim services directed agency (Office of Victim Services) which provides 24/7 staffing to advocate for participants in and out of shelter. *Chances & Changes* hosts 3 "Hotlines" for those in need, which are answered around the clock, 365 days a year.

By participating in this event you will be assisting individuals affected by Dating Violence, Domestic Violence, Family Violence, Sexual Assault/Abuse, Stalking and Homelessness.

Chances & Changes

INVITES YOU TO PARTICIPATE IN:

AMY'S WALK

Saturday, October 14th, 2017

Highland Park in Geneseo, NY Rain or Shine!

A CHARITY WALK IN MEMORY OF AMY SAYLE

Chancesandchanges.org

COME JOIN *CHANCES & CHANGES* FOR OUR ANNUAL AMY'S WALK!

Amy Sayle, a native of Livingston County, was killed during a senseless act of violence by her boyfriend in January of 2006.

Amy was a Sales Representative with the business we know today as Athletica. Her co-workers supported the first Amy's Walk.

This walk qualifies as a 5K walk.

Registration fee is $10

You can register by mail at P. O. Box 326, Geneseo, NY 14454; in person the day of the walk; or online @ *changesandchanges.org*.

You may win a prize for generating the most money for Amy's Walk! We will be awarding 1st, 2nd, and 3rd place prizes! Prizes also awarded to runners finishing 1st, 2nd and 3rd.

Call 658-3940 with any questions.

Proceeds benefit:

CHANCES & CHANGES, INC.

Encouraging victims and families to Take a Chance, Make a Change - Live with the dignity and respect you deserve. We can Help!

Here are some ways to raise funds in support of **Amy's Walk**. You may have other ideas as well.

- Ask for a lump sum donation—any amount that the donor feels they can give is appropriate.
- Set a monetary amount – for example, $3 for each mile of the walk—and this gets you a $15 donation for the 5K walk!
- Ask a local business to pay your registration fee and tell them you will collect cans and bottles and donate all the proceeds to Amy's Walk.

Remember, all money must be turned in at the start of the walk.

Domestic violence is a pattern of behavior that is ongoing and is meant to control, dominate, and manipulate a chosen victim or victims. In homes where domestic violence occurs, there is often **child abuse**. If there are animals; pet abuse as well. Abuse impacts all of us, directly and indirectly, and all of society is affected by this pervasive public health and safety issue. Many times domestic violence leads to **homelessness**.

On average, **one in four** people are in a relationship that is abusive and dysfunctional (at least once in their lifetime). It takes many forms including physical, emotional, psychological, sexual, financial, and judicial abuse. Abuse can be hard to understand from the "outside," but to the victims in these difficult situations, it is a "logical" response to the often longstanding patterns of abuse they are familiar with.

Many victims have grown up in abusive homes and have learned that this is the "norm." They have seen, heard, and often experienced abuse, neglect, and/or maltreatment and continue to find themselves in this type of dynamic as teenagers, and later as adults. Trying to "fix" an unhealthy domestic or dating relationship without advocacy and guidance is dangerous for the victim, their children and even their pets. Don't do it alone! A plan of action must be made in advance with the right support.